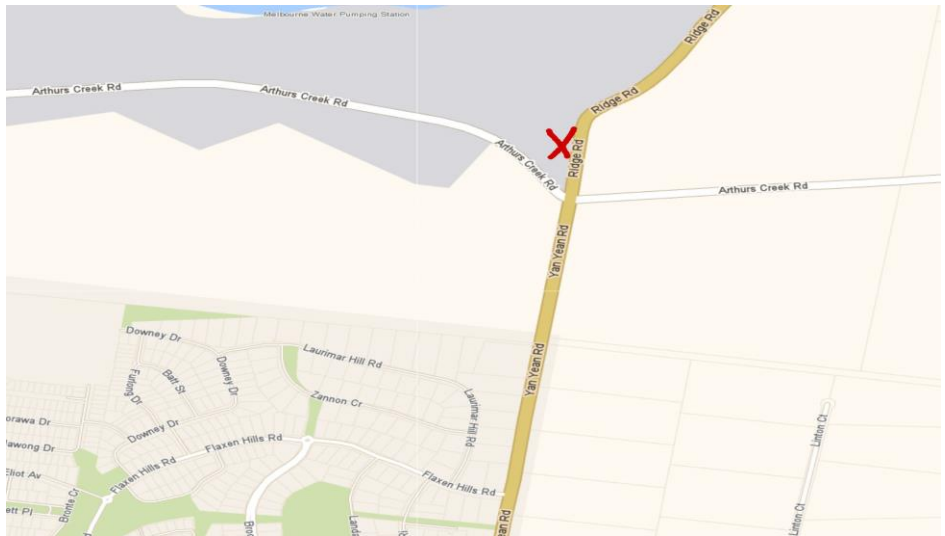


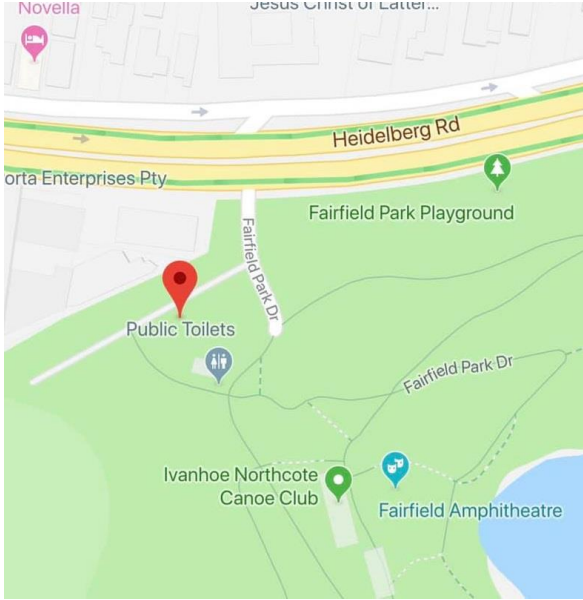
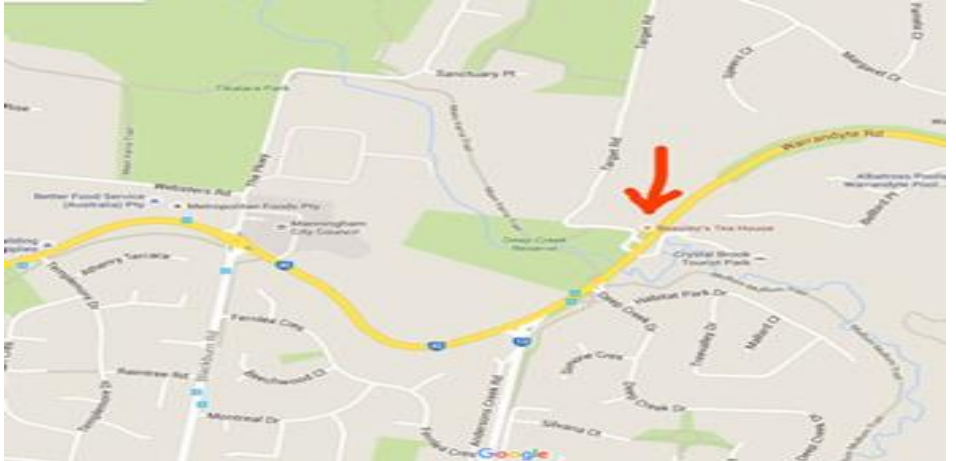


DCR Timetable January 2020

Tuesday	Thursday	Sunday	
<p>31st December</p> <p>Xmas Break</p>	<p>2nd January</p> <p>9:30am – Group Run Marngrook Oval</p> <p>7pm – Group Run Marngrook Oval</p>	<p>5th January</p> <p>Trail: Ridge Road 8am – Group Run</p> <p>Meeting place: Corner of Ridge Rd and Arthurs Creek Rd. Parking on the side of the road (no official car park).</p> <p>Note: there are no toilets or taps at this venue ***BYO Water and tissues in case of emergency pit stop!***</p> <p>Distance: 5km, 8km, 10km+</p>	
<p>7th January</p> <p>7pm – Group Run Willinda Park</p> <p>7:25pm – Winders</p>	<p>9th January</p> <p>9:30am – Group Run Marngrook Oval</p> <p>7pm – Group Run Marngrook Oval</p>	<p>12th January</p> <p>Trail: Ring Road</p> <p>Meeting place: Diamond Valley Library. Civic Dr, Greensborough (see X on map)</p> <p>Please note there are no toilets or taps at this venue</p> <p>Distance: 5km, 8km, 10km+</p>	

<p>14th January 7pm – Group Run Marngrook Oval</p> <p>7:25pm – Hill Repeats Christians Road</p>	<p>16th January</p> <p>9:30am – Group Run Marngrook Oval</p> <p>7pm – Group Run Marngrook Oval</p>	<p>19th January</p> <p>Trail: Cresswell Reserve</p> <p>Meeting place: 220 Greenwood Drive Bundoora in carpark near toilet block at the entrance of the reserve,</p> <p>Distance: 3km, 6km, 15km</p>	
<p>21st January 7pm – Group Run Marngrook Oval</p> <p>7:25pm – Indian File</p>	<p>23rd January</p> <p>9:30am – Group Run Marngrook Oval</p> <p>7pm – Group Run Marngrook Oval</p>	<p>26th January</p> <p>Trail: Yarra Bend</p> <p>Meeting place: Fairfield Boathouse Car Park, Fairfield Park Drive, Fairfield</p> <p>Time: 8am</p> <p>Distance: 5km, 8km, 10km+</p>	

<p>28th January 7pm – Group Run Willinda</p> <p>7:25pm – 400's Increasing Pace</p>	<p>30th January</p> <p>9:30am – Group Run Marngrook Oval</p> <p>7pm – Group Run Marngrook Oval</p>	<p>2nd February</p> <p>Trail: Mullum Mullum</p> <p>Meeting place: Beasley's Tea House 195 Heidelberg-Warrandyte Rd</p> <p>Time: 8am Distance: 5km, 8km, 10km+</p>	 <p>The map shows a yellow highlighted trail route starting from the meeting place at Beasley's Tea House (marked with a red arrow) and looping through the Heidelberg area. Key locations include Marngrook Oval, Willinda, and various residential streets like Heidelberg Rd and Warrandyte Rd. The trail follows a path through green spaces and residential areas.</p>
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