
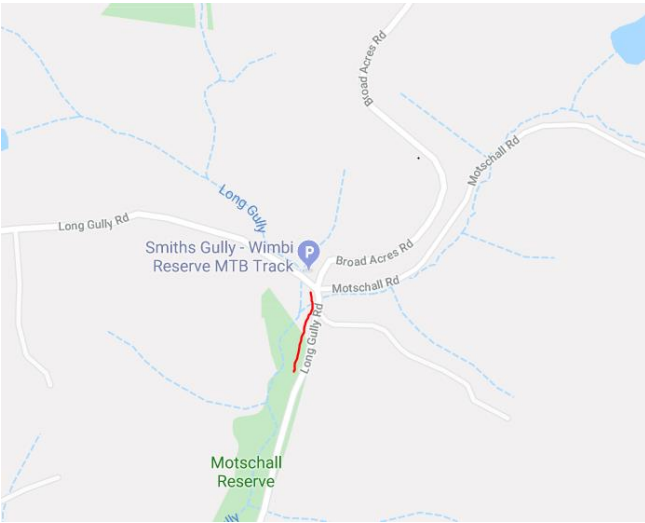



DCR Timetable December 2019

Tuesday	Thursday	Sunday	
<p>3rd December 7pm – Group Run Marngrook Oval</p> <p>7:25pm – Mona Fartlek</p>	<p>5th December</p> <p>9:30am – Group Run Marngrook Oval</p> <p>7pm – Group Run Marngrook Oval</p>	<p>8th December Christmas Party</p> <p>Trail: Diamond Creek Trail</p> <p>Meeting place: Marngrook Oval</p> <p>Time: 8am</p> <p>Distance: 5km, 8km, 10km+ STR</p>	
<p>10th December 7pm – Group Run Willinda Park</p> <p>7:25pm – Deek's Quarter's</p>	<p>12th December</p> <p>9:30am – Group Run Marngrook Oval</p> <p>7pm – Group Run Marngrook Oval</p>	<p>15th December</p> <p>Trail: Smith's Gully</p> <p>Meeting place: Motschall Reserve – cnr of Long Gully, Broad Acres and Motschall Rd</p> <p>Distance: 5km, 10km, 15km</p>	

<p>17th December 7pm – Group Run Marngrook</p> <p>7:25pm – Pacer Train</p>	<p>19th December</p> <p>9:30am – Group Run Marngrook Oval</p> <p>7pm – Group Run Marngrook Oval</p>	<p>22nd December</p> <p>Trail: Main Yarra Trail</p> <p>Meeting place: Heidelberg Football Club</p> <p>Time: 8am</p> <p>Distance: 5km, 8km, 10km+</p>	
<p>24th December Christmas Break</p>	<p>26th December Christmas Break</p>	<p>29th December Christmas Break</p>	